



Coach the Coaches (Mini-Rugby)

The Rugby Doctor has developed the following modules to assist coaches who are perhaps returning to rugby after some time and who may be aspiring to formal coaching awards.

- # Coaching basic Back-play
- # Coaching Forwards
- # Coaching the Contested Lineout
- # Scrummaging (three, five and six man variants)
- # Continuity from set piece
- # Defensive and offensive positions, alignment and running lines

The modules may be delivered individually or as components in a pre-season or early-season programme, ensuring that appropriate coaching is available for Mini-Rugby players through to U12 level. A further module has been developed specifically for those coaches intending to seek formal coaching awards

- # Towards formal coaching awards